

Sarah Poet M.ED



ENTREPRENEUR,
CONSULTANT,
SPIRITUAL TEACHER

BIO

Sarah Poet is a truth seeker, thought leader, and a medicine woman for modern times.

It is Sarah's mission to assist women and men as we awaken to the imbalances of feminine & masculine and to help bridge humanity from trauma and separation to sovereignty, reunification and connection. She is the host of the Sacred Remembering Podcast and Community, which serves to bolster women's sovereignty, inherent value and prosperity through leading-edge energetics. She is a mother, former holistic school administrator and creator, and now the creator of her own school for planetary awakening.

Sarah directly serves couples, individuals, and organizations as a deeply healing coach and consultant with a vast toolkit for both professional and spiritual settings.



SACRED
REMEMBERING

ABOUT

In 2019, Sarah started the Sacred Remembering Podcast and in 2021 the Sacred Remembering Live Community. Both uplift new thought about feminine and masculine, self-sovereignty, applying regenerative energetics to women and burnout, helping women to heal trauma and become more embodied, and to stand in the authentic truth of their own nature. All the while, we heal women's competition and uplift women's entrepreneurship when aligned with soul purpose.

ORGANIZATIONAL SERVICES OFFERED

- Relational consulting
- Leadership coaching
- Mediations & alternatives to traditional HR interventions
- Professional development
- Feminine & masculine leadership
- Values-based leadership

PRIVATE SERVICES OFFERED

- Coaching during life's transitions & awakenings
- Quantum healing
- Soul guidance
- Couples Coaching
- Mentorship
- All services are trauma-informed

SPEAKING TOPICS


- ✓ Feminine & Masculine Archetypes
- ✓ The 8 Feminine Resources & Women's Value
- ✓ Healing Burnout Holistically
- ✓ Soul Entrepreneurship & the New Earth
- ✓ Tapping into Earth's Energy Structures for Deeper Replenishment
- ✓ Sovereignty: Staying True to Your Calling
- ✓ Harnessing Intuition for Business Decisions
- ✓ Embodied Presence


* Choose from any topic represented on the Sacred Remembering Podcast.




Please feel free to reach out for booking inquiries or with any questions.

CONTACT

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